



Dr Angelo Lazaris is a leading expert in general and cosmetic dentistry. Using the latest state-of-the art technology and techniques, clients are assured of the most advanced treatment available. A contributor to top fashion magazines, Dr Lazaris has performed procedures on Channel Nine's Body Work and Fox 8's Australia's Search for the Next Top Model.

White spots on gums

Question:

There's a white spot on my bottom gum — it looks bad and when I brush it or touch it it hurts. My gums seem to be bleeding everywhere. I can't see a dentist at this moment because I am sick.

Answer:

It sounds very much like an ulcer. They can come for any reason, but are usually related to periods of stress or when you're run down. If you're sick, then this is a common occurrence. Ulcers will usually run their course and subside within 7-10 days. If it persists beyond that, you will need to see your dentist.